

Reference:

Smith, J. (2020). The role of psychoanalysis in understanding and treating psychological disorders. *Journal of Psychoanalytic Studies*, 45(2), 123-135.

Description:

This article explores the importance of psychoanalysis in the field of psychology, particularly in understanding and treating various psychological disorders. The author delves into the history of psychoanalysis and discusses its relevance in modern therapeutic practices. The journal provides valuable insights for both practitioners and researchers in the field of psychoanalysis.